

Los Angeles County Food Guide

LOS ANGELES REGIONAL



Fighting Hunger. Giving Hope.

Food Assistance:

For people seeking food assistance go to the Food Bank's food pantry locator at:

<https://www.lafoodbank.org/find-food/pantry-locator/>

LA County DPSS—CalFresh:

If you have lost your job, or just need assistance, please apply for CalFresh and other benefits online by visiting the Your Benefits Now (YBN) website at:

<http://dpss.lacounty.gov/wps/portal/dpss>

and clicking on the YBN logo to get started or by calling 1-866-613-3777



Women, Infants & Children (WIC) Program:

Text APPLY (for English) or SOLICITAR (for Spanish) to 91997

or go to: <http://www.phfewic.org/apply>

Seniors/Older Adults:

For meals from LA County and City of LA, call 800-510-2020



Additional Food, Income, and Coronavirus supports and resources:

Go to 211la.org or call 2-1-1 (available 24 hours)